

# Rotary Club of Ajax P.O. Box 249 Ajax, Ontario Saturday February 29, 2020 at 2:00 pm SHARP



### RELEASE, WAIVER and INDEMNITY FORM

# Please read and fill out in full:

We encourage you to invite colleagues from your company or workplace to challenge other companies in a good-natured competition to build morale and instill company pride. Please let us know if you are doing the corporate challenge as there are prizes awarded for this category.

### Rules:

- 1) Each plunge entry must have \$100 minimum in pledges per person. Use opposite side to record pledges and use additional sheets if necessary.
- 2) Plungers will raise pledges for the charitable organization chosen by the organizers 100% of the monies will be forwarded to The Ajax Rotary Club CHARITABLE TRUST. All pledge monies will be collected and given to officials upon registration at the event.
- 3) Wet suits, dry suits and nude plunging is strictly prohibited. Costumes and theme plunges are highly recommended.
- 4) Plungers will not consume alcohol or drugs on the day of the event, prior to plunging. Any plunger suspected of disobeying this rule will be excluded from participating in the plunge.
- 5) Plungers will be in good health to participate. Please consult a Doctor if in doubt. All plungers will carefully read and sign the liability waiver below in order to plunge- NO EXCEPTIONS
- 6) All Plungers will exit the water immediately after entry. Plungers will obey instructions of diver(s), emergency and medical personnel on-site.
- 7) Plungers must register no later than 1:30PM on the day of the plunge. The registration area is in the AJAX PAVILLON building at ROTARY PARK.
- 8) No blankets or towels will be provided by Ajax Rotary. Plungers are responsible to bring their own blanket or towel to the event. Any personal property left at the site after the event will be disposed of
- 9) Minimum Age is 16 years old. Participants under 16 MUST be accompanied by an emergency contact.

If you have questions, contact: INFO@AJAXROTARYPOLARPLUNGE.ORG

## Waiver, Release and Indemnity from Liability

In consideration of the acceptance of my application and the permission to participate in the Ajax Polar Plunge, I, the undersigned, acknowledge that plunging into frigid water in the middle of winter is inherently dangerous and hereby release, waive and forever discharge Rotary Club of Ajax and its respective employees, agents, volunteers and representatives of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property however caused, arising or to arise by reason of my participation in the said event, whether as a spectator or participant or otherwise, whether prior to, during or subsequent to the event and notwithstanding that same may have been contributed to or occasioned by the negligence of the aforesaid. I further hereby undertake to hold and save harmless and agree to indemnify all of Rotary Club of Ajax and its respective agents, volunteers and representatives from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation the said event. By submitting this entry, I acknowledge I have read, understood and agreed to the above Waiver, Release and Indemnity. I warrant that I am physically fit to participate in this event.

Plungers Name:	Signature
	(if under 18, Parent or Guardian MUST sign)
Plungers Address:	
Emergency Contact:	Emergency Contact Tel #: